

WE ARE HERE FOR YOU, MINNETONKA.

Your Minnetonka High School counselor is available virtually and in-person from a safe social distance to support your social and emotional well-being and to help you reach your academic planning and post-graduation goals.

Your counselor can be your advocate, collaborating with you, your parents and your teachers to ensure your success. Don't wait. Don't hesitate.

Connect with us!



WANT TO WALK IN?

Check your class Schoology Page for your counselor's walk-in appointment schedule, which will be posted every Monday.

START HERE

■ Confused or concerned? Connect with us! A trusted adult is always available to discuss an urgent matter or answer a quick question. You are always welcome in the Counseling office via virtual appointment, virtual walk-in, or in-person walk-in hours.

■ Or... schedule an appointment to meet with your counselor through Google Meet, a phone call, or in person when schedules allow. The best way to do that is emailing your counselor with times that work for your schedule.

■ Know a friend in crisis? Please refer him or her to the Counseling office. Reaching out to your counselor or the student of concern's counselor is a great first move.

SUPPORT

■ Are you struggling with courses, grades or personal issues? Connect with your counselor early-on to set sail in the right direction, maintain your confidence and succeed.

■ Need to find balance? Let's discuss strategies for staying focused and on-track to reach your personal goals.

CONNECTIONS

■ There are experts all around us to help with deeper issues.

■ MHS Counselors can refer you to community partners with expertise in wellness and healthcare.

■ Get well so you can stay well!

PLANNING

■ MHS is your school of opportunities! We can help you make course selections that align with the level of rigor you need, your passions and your plans.

■ Wondering about college applications, letters of recommendation and post-graduation plans? Counselors and the College and Career Center are here for you.



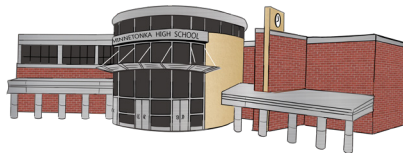
MHS COUNSELING APPOINTMENTS: 952-401-5811

VISIT WWW.MINNETONKASCHOOLS.ORG/WEELLBEING

Check out the District's well-being website and download the **Well-Being Guide** for helpful information, including contact information for our community partners. As always, remember to **dial 911** in an emergency.



Principal Jeff Erickson
Minnetonka High School
18301 Highway 7
Minnetonka, MN 55345



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HOW TO CONNECT WITH YOUR MHS COUNSELOR:

- Stop by the Counseling office via virtual appointment, virtual walk-in, or in-person walk-in hours
- Send a Schoology message to your counselor
- Email your counselor
- Phone your counselor

THE MINNETONKA HIGH SCHOOL COUNSELING STAFF



BRAD BURNHAM
A-Brb (9-11)
A-Bur (12)
Google Meet:
bradburnham
Google Voice:
651-583-6028
Office Phone:
952-401-5816



JENNIFER STOUT
Brc-DE (9-11)
Bus-Em (12)
Google Meet:
jenniferstout
Google Voice:
651-583-5973
Office Phone:
952-401-5818



THERESA EXENBERGER
Df-Gn (9-11)
En-Han (12)
Google Meet:
theresaexenberger
Google Voice:
651-583-6019
Office Phone:
952-401-5824



CONOR MAHER
Go-H (9-11)
Hao-Ka (12)
Google Meet:
conormaher
Google Voice:
651-583-5935
Office Phone:
952-401-5819



STEPHANIE McCLENDON
I-Lar (9-11)
Kb-Mag (12)
Google Meet:
stephaniemccleendon
Google Voice:
651-583-6035
Office Phone:
952-401-5821



CASSIE KLEIN
Las-Moh (9-11)
Mah-Ol (12)
Google Meet:
cassieklein
Google Voice:
651-243-1381
Office Phone:
952-401-5822



MONICA JONES
Moi-Pom (9-11)
Google Meet:
monicajones
Google Voice:
651-243-0894
Office Phone:
952-401-5828



AMANDA WAVRIN
Pon-Schu (9-11)
Om-Sam (12)
Google Meet:
amandawavrin
Google Voice:
651-583-6041
Office Phone:
952-401-5817



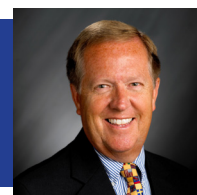
KENDRA OLSON
Schv-Tun (9-11)
San-Tam (12)
Google Meet:
kendraolson
Google Voice:
651-583-6015
Office Phone:
952-401-5823



DAVID BIERLY
Tuo-Z (9-11)
Tan-Z (12)
Google Meet:
davidbierly
Google Voice:
651-583-6032
Office Phone:
952-401-5820



LAURA HERBST
Advanced
Learning Coord.
Google Meet:
lauraherbst
Google Voice:
651-583-6026
Office Phone:
952-401-5897



PHIL TROUT
College
Counselor
Google Meet:
philtrout
Google Voice:
651-583-5972
Office Phone:
952-401-5746

Get to know your counselor! *Virtual & In-Person Assistance | Appointments | Whole-Student Support*